

Trauma Informed Care: Humanizing Past Medicine

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Medical Humanities Fair

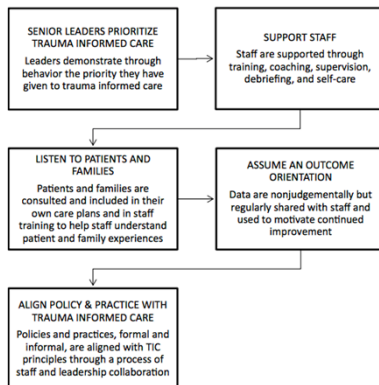
Critical Background

- **Trauma informed care** is an evolved form of healthcare which is implemented to those with emotional trauma in response to psychiatric care facilities; it boasts to lower re-traumatization with “discrete interventions” and “non-coercive staff-client interactions;” emphasizes the reduction of physical coercion (Bryson).
- This concept is often medically framed in psychiatric care and in early childhood
- A humanities approach allows for the **center of attention to be on the patients and their lives**, instead of the practical logistics of healthcare strategies; emphasized the reduction of physical coercion (Bryson).

Research Questions

- What is so beneficial of trauma informed care and what does it offer that other forms of care do not?
- How does the training involved in trauma informed care **humanize medicine**?

Theory of Trauma Informed Care



Bryson, page 13.

Field Site- UIH Family Partners

- “What happened to **you**.”
- Using discussion as a safe zone to relinquish secrets and personal experiences to gain insight
- Discussing **personal emotional withdraw** and why it has the most profound and long lasting effect
- Concept of “**hurt people hurt others**”
- Giving your child different experiences or your experiences?
- Government agencies think that **medication** is the answer while it, “**hides the issues.**”
- Core values: learning and growing from each other in a positive and structured environment
- The trauma umbrella: complex variations of trauma

Insights and Discussion

- Research showed that development of trauma informed care resulted from a branching away from restrictive and forceful psychiatric care
- Described that traditional psychiatric care can **retraumatize** individuals; trauma informed care was created to eliminate that possibility
- Relation of **structural violence** created by parent absence and culture- will it continue or can trauma informed care eliminate this aspect?
- Could result in a decrease in childhood medication if trauma informed care is widespread
- Unanswered questions and possible future research: administration of trauma informed care by region; is trauma informed care used for differing problems/symptoms by region?

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- Trauma-informed Care In Behavioral Health Services : a Treatment Improvement Protocol.
- Above image credit to <https://www.sandboxchurch.com/team/>

CBLI Community-Based Learning Initiative

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